

## Welcome!

Welcome to the Summer edition of the North Stoneham Community Group Newsletter. As always, we've been very busy over the last few months planning events and initiatives for the North Stoneham community. We have some really exciting things planned for the next few months. We thank you for your continued support of the NSCG. We love hearing the positive feedback that we regularly receive from across the park.

We've started the process of becoming an officially registered Charity. This opens up so many different avenues for us, particularly when it comes to grant funding to support our initiatives. It's a long and slow process, but we hope to receive charity status sometime in the Autumn.

In terms of funding, since our last newsletter, we've been successfully awarded funds by Hampshire County Council, Eastleigh Borough Council and The National Lottery. We can't thank these Organisations enough. This funding ensures that as many of our events as possible remain free to you all.

We're also thrilled to welcome a new Trustee to the team, Sian Aubry-Waddell. Sian has recently moved to NSP and is looking to get involved within the community. She brings a wealth of experience to the team and is already settling in well. We have another 2 Trustee vacancies, so if you fancy getting involved, please do get in touch! In particular, we're looking for volunteers living within the Homewood Park side of the estate.



Email us stating that you'd like to join and that you're happy for us to hold your data -

nscommgroup@gmail.com

Or scan this QR code to find us on Facebook and like our page



If you are aged 18+ and live, work, or have community involvement in North Stoneham, you can become a member or volunteer by either sending us an email (see below) or giving us a 'like' on our Facebook page. We'd love for you to join and be a member of the group to help show your support. We're always keen to hear any ideas you may have for events and initiatives!



## Community Fridge

It's been a very busy few months for Sustainable Stoneham since we launched our community fridge on 8th April. Since the launch, we have saved 1138 kgs of surplus food, which is the equivalent of two adult Grizzly Bears!

We have recently had visits from our local councillor Paul Bicknell and our local MP Paul Holmes, who wanted to find out what the fridge is about and to help promote the service in the local area. Our standout moment however has been receiving a 5 rating in our environmental health inspection, this is solely down to the support, hard work and diligence of our fantastic volunteers. Watch this space for what's next for the community fridge, we are looking to expand our services in the coming months.









more details please contact

sustainablestoneham@gmail.com



# **Community survey**

Would you like to take part in a quick survey to help us find out more about the local community?

We're inviting residents to answer a few questions to find out more about people's interests and how we can improve the area that they live in.



Voucher Voucher







BA. ABBA. ABBA

POPS INCORPORATED PRESENTS

SONGS FROM

## SATURDAY 22ND JULY 2023 7:30PM

TICKETS: £15 | £12 CONCESSIONS | £1 UNDER 18'S BOX OFFICE: 023 8024 6555

www.thorndenhall.co.uk
THORNDEN HALL, CHANDLERS FORD, SO53 2DW







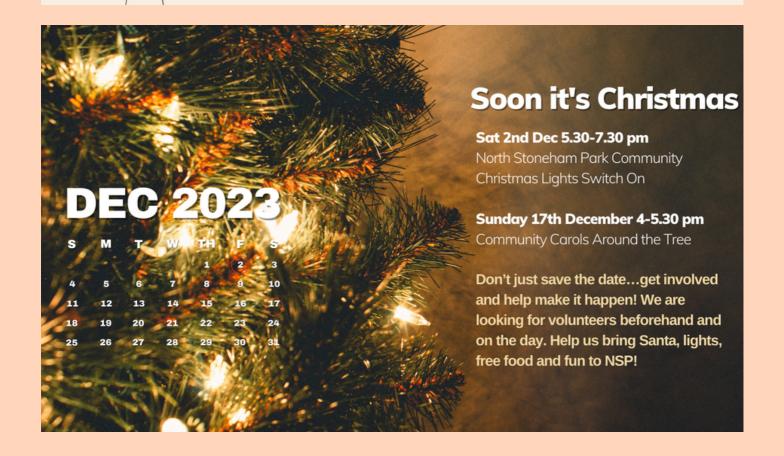
### REMEMBRANCE SUNDAY

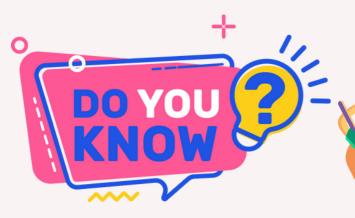
SUN, 12 NOV 2023

Remember the heroes our streets are named after.

10.45 War Shrine NSP with free refreshments at the YMCA afterwards.

LEST WE FORGET







The voung members North Stoneham Scouts have been putting the OUT into ScOUTing big time. By the end of July they will have had the chance to take part in air rifle shooting, climbing, canoeing, hiking, camping, archery, lighting fires and cooking, orienteering, gardening, creature spotting, astronomy, road, fire and personal safety, plus a Marwell Zoo visit. This is only possible thanks to the Group's great team of adult volunteers. Want to join the fun?

E-mail Hannah & Richard on group@northstonehamscouts.org.uk NSCG is exploring the possibility of creating a community garden in North Stoneham Park, a place where we can grow fruit, vegetables and flowers together. The produce could be used by volunteers, to stock the community fridge and used for community cooking classes. To do this we need to secure grant funding and to do this we need to know and be able to show that this is something the community would like.

Please scan the QR code to share your thoughts, ideas, feedback and interest in this





## Help us raise free funds

every time you shop online



You shop +7,000 brands donate

Shop at over 8000 places online including Amazon, EBay, Aldi, Asda,

Sainsburys and others and donate to NSCG at the same time. Scan the QR code to get started.



Help us fund the free community events and initiatives we put on by shopping through the Easyfundraising app or the website and choosing North Stoneham Community Group. All retailers will make a donation to NSCG at no extra cost to you.

## feed the family on a budget! Free Cookery Works!

Sustainable Stoneham is running our first "Feed a family on a budget!" cookery session, this has been made possible by working in partnership with the ASDA Community Foundation and YMCA. Session will be free to attend for Adults and Children over 8 years old if accompanied and supervised by a parent or guardian. Booking will be required via link to attend: https://widget.eola.co/3ahxe/activities/cookery-workshop





**Thursday 3rd August** 10:00 till 13:00

29 Whieldon Way North Stoneham Park Eastleigh SO50 9SB









### The YMCA community centre has lots going on for all ages...

### For Adults

Over 60's group – Join us weekly on Tuesdays from 2-4pm for a friendly chat, discounted hot drinks and cake.

**Short Mat Bowls** – On Friday afternoons from 2-3.30pm in our hall anyone is welcome to try short mat bowls for £5 per person which includes a tea or coffee.

**Great Strides Running Group** – A new free weekly running session lead by our volunteer, Royal Marines Commando Instructor Mark, meeting on Wednesdays at 7pm.

#### For Young Families

Toddler Play - Come along on Wednesdays 10 am-12 in the hall for a free play session for toddlers.

**Baby & Parent Group** – Currently on Fridays in the upstairs room. Soon to be merged with the above toddler group on Wednesdays.

Free Family Fun – At various times across the year we run great activities in our hall and youth room which families can enjoy for free! Keep an eye on the YMCA's social media channels for dates.

Youth Club - If you are 11+ you are welcome to join our youth club on Thursdays from 4.15-6.15pm.

**SEN Activity Session** – Fun activities in the hall for families with SEN children to enjoy in a non-judgmental, supportive environment during school holidays. There is a small charge per family.

### **Tech Support**

Laptops On Loan – Working with Vivid Housing and the Lions we have 2 laptops that can be used in the café to job hunt, write CV's, connect with family, look for social support and more.

Digital Mentor – Launching soon, a community volunteer who is an IBM professional will offer sessions for people who need a bit of help or tuition in this digital era. From using computers, iPads and phones, to online banking, social media, email, and even digital doorbell set up. Watch this space!

### School Holiday Children's Activities:

Let our amazing range of activities keep your children entertained during the summer holidays. From bodyzorbs, cheerleading clay play, laser tag, and nerf games, to an SEN activity group, weird science, crazy creatures, & multi craft workshop. Not forgetting our free toddler play sessions on a Wednesday. To book any of our activities simply go to: <a href="https://widget.eola.co/3ahxe">https://widget.eola.co/3ahxe</a>

Chatty Café: We are part of the nationwide 'Chatty Cafe' scheme and have a dedicated table in the YMCA cafe area. If you sit at the table you are guaranteed a warm welcome from the YMCA team who will come and chat to you! Chatty Cafe is a nationwide scheme to promote togetherness, inclusion and reduce isolation. You can find out more, including other local venues, via the Chatty Cafe website www.thechattycafescheme.co.uk

### **Volunteers:**

The YMCA is a community centre and volunteers from our community have an important role to play. The YMCA needs volunteers to be able to reliably deliver all our community programmes and assist us in making the community centre the centre of your community. We're very thankful for anyone who gives up a small amount of their time to make a difference in our community. We are currently looking for volunteers in the following areas:

- Toddler Play -Wednesday mornings, from 9 am to 1 pm.
- Messy Play: These tend to be on random weekdays, but we'd love some help to set up, deliver and clear up.
- · Gardening: Any time during the week to help keep our outside space setting looking trim and bright.
- Café: Required for various days of the week for maybe for a couple of hours to assist the café team at peak points.

If you are interested <u>derren.storey@ymca-fg.org</u> would love to hear from you!